

## Chocolate Monkey Bar

Nutrient	Amount	% daily value
<b>Calories</b>	100	
Calories from fat	20	
<b>Fat</b>	2.5g	4%
<b>Sodium</b>	20mg	1%
<b>Cholesterol</b>	20g	7%

Nutrient	Amount	% daily value
<b>Carbohydrates</b>	13g	4%
Sugars	10g	
<b>Protein</b>	8g	16%
Calcium	50mg	6%
Iron	2mg	10%

Not a significant source of saturated fat, *trans* fat, dietary fibre, vitamin A or vitamin C.

Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Also contains:** Omega 3 180mg & Omega 6 340mg

## Too-Berry Bar

Nutrient	Amount	% daily value
<b>Calories</b>	100	
Calories from fat	20	
<b>Fat</b>	2.0g	3%
<b>Sodium</b>	20mg	1%
<b>Cholesterol</b>	20g	7%

Nutrient	Amount	% daily value
<b>Carbohydrates</b>	14g	5%
Sugars	11g	
<b>Protein</b>	8g	16%
Calcium	55mg	6%
Iron	1mg	8%

Not a significant source of saturated fat, *trans* fat, dietary fibre, vitamin A or vitamin C.

Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Also contains:** Omega 3 180mg & Omega 6 340mg

## Pomonade Bar

Nutrient	Amount	% daily value
<b>Calories</b>	100	
Calories from fat	20	
<b>Fat</b>	2.0g	3%
<b>Sodium</b>	20mg	1%
<b>Cholesterol</b>	20g	7%

Nutrient	Amount	% daily value
<b>Carbohydrates</b>	13g	4%
Sugars	10g	
<b>Protein</b>	8g	10%
Calcium	54mg	6%
Iron	3mg	16%

Not a significant source of saturated fat, *trans* fat, dietary fibre, vitamin A or vitamin C.

Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Also contains:** Omega 3 180mg & Omega 6 340mg

## Chocolate Cup

Nutrient	Amount	% daily value
<b>Calories</b>	65	
Calories from fat	15	
<b>Fat</b>	1.5g	3%
<b>Sodium</b>	10mg	0%
<b>Cholesterol</b>	15g	5%

Nutrient	Amount	% daily value
<b>Carbohydrates</b>	7g	2%
Sugars	7g	
<b>Protein</b>	5g	10%
Calcium	33mg	4%
Iron	2mg	10%

Not a significant source of saturated fat, *trans* fat, dietary fibre, vitamin A or vitamin C.

Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Also contains:** Omega 3 130mg & Omega 6 240mg

## Strawberry Banana Cup

Nutrient	Amount	% daily value
<b>Calories</b>	65	
Calories from fat	15	
<b>Fat</b>	1.5g	3%
<b>Sodium</b>	10mg	0%
<b>Cholesterol</b>	15g	5%

Nutrient	Amount	% daily value
<b>Carbohydrates</b>	9g	3%
Sugars	7g	
<b>Protein</b>	5g	10%
Calcium	31mg	3%
Iron	0mg	0%

Not a significant source of saturated fat, *trans* fat, dietary fibre, vitamin A or vitamin C.

Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Also contains:** Omega 3 130mg & Omega 6 240mg

## Orange Vanilla Cup

Nutrient	Amount	% daily value
<b>Calories</b>	65	
Calories from fat	15	
<b>Fat</b>	1.5g	3%
<b>Sodium</b>	10mg	0%
<b>Cholesterol</b>	15g	5%

Nutrient	Amount	% daily value
<b>Carbohydrates</b>	9g	3%
Sugars	7g	
<b>Protein</b>	5g	10%
Calcium	31mg	3%
Iron	1mg	4%

Not a significant source of saturated fat, *trans* fat, dietary fibre, vitamin A or vitamin C.

Percent Daily Values based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Also contains:** Omega 3 130mg & Omega 6 240mg